



the
WELL-BEING
Program

A Restore Hair Loss and Scalp Clinic Program
in Collaboration with Serenity Wig Boutique

Serenity

WIG BOUTIQUE

EST. 2022

Look and Feel your Best

ABOUT THE WELL-BEING PROGRAM

Restore Hair Loss and Scalp Clinic is Approved and certified by the International Association of Trichologists (IAT) and Member of the Canadian Hair Loss Council, with a combined experience of 25 years, Restore Hair Loss & Scalp Clinic is the largest hair restoration clinic north of Edmonton with one of the only certified clinical trichologists in Canada.

At Restore Hair Loss and Scalp Clinic, our Well-being Program is tailored to support individuals navigating the challenges of hair loss, scalp concerns, and health issues. Dealing with hair loss, particularly in the context of medical treatments like those for cancer, is a deeply personal journey. We understand that each person approaches it in their own unique way.

Some may opt to embrace their circumstances by choosing to shave their heads as a symbol of resilience, while others may seek guidance from our knowledgeable professionals on alternative solutions such as wigs or head coverings. Whatever path you choose, our goal is to empower you with information and options that enhance your well-being throughout your journey.

At Restore Hair Loss and Scalp Clinic, we are committed to providing you with comfort, care, and confidentiality as you navigate the process of selecting a hair prosthetic. We recognize the deeply personal nature of this experience, which is why our compassionate technicians, private treatment rooms, and complimentary consultations are all designed to support you every step of the way.

We believe that everyone facing health challenges, including cancer, deserves to maintain a sense of normalcy and self-identity to the fullest extent possible. Our team is dedicated to helping you feel like the best version of yourself, both during and after your treatments. At Restore Hair Loss and Scalp Clinic, we're here to support you in reclaiming your confidence and feeling truly restored.

A decorative graphic of several pink, elongated leaves with visible veins, positioned in the bottom left corner of the page.

Look and Feel your Best

TYPES OF CANCER TREATMENTS

Chemotherapy

Chemotherapy involves the use of drugs to kill cancer cells or stop them from multiplying. It's a systemic treatment, meaning it circulates throughout the body via the bloodstream, targeting cancer cells wherever they may be. While effective, chemotherapy often comes with side effects like nausea, hair loss, and weakened immunity due to its impact on healthy cells. However, advancements in chemotherapy drugs and delivery methods have improved tolerability and efficacy, allowing for more tailored treatments and better outcomes for cancer patients.



Cranial Radiotherapy

Cranial radiotherapy, also known as radiation therapy, utilizes high-energy X-rays or other forms of radiation to kill cancer cells in the brain or central nervous system. It's often used to treat brain tumors or metastases that have spread to the brain. This targeted treatment aims to destroy cancer cells while minimizing damage to healthy brain tissue. Side effects may include fatigue, headaches, and cognitive changes, but advancements in technology, such as intensity-modulated radiation therapy (IMRT) and stereotactic radiosurgery (SRS), have improved precision and reduced adverse effects.

Anti-estrogen Drug

Anti-estrogen drugs are vital in treating hormone receptor-positive breast cancer by blocking estrogen's effects or reducing its production, hindering cancer cell growth. Drugs like tamoxifen, aromatase inhibitors, and selective estrogen receptor modulators (SERMs) are common options. While generally well-tolerated, side effects such as hot flashes, joint pain, and increased risk of blood clots can occur. Often combined with surgery or chemotherapy, these drugs significantly improve outcomes for breast cancer patients, enhancing treatment efficacy.

BEFORE YOU START YOUR TREATMENT

Choosing the right wig is an essential step before embarking on your treatment journey. It's ideal to explore wig options before you begin treatment when you're feeling strong and capable of visiting our boutique, Serenity Wig Boutique. We encourage you to bring along a trusted family member or friend for support as you make this important decision. At Restore Hair Loss and Scalp Clinic, our compassionate team is committed to assisting you in finding the perfect wig that not only matches your natural style but also complements your features and provides optimal comfort. Our aim is for you to look and feel your best throughout this process.

WIGS IN OUR WELL-BEING PROGRAM



Within our Well-being Program, we provide an extensive selection of wigs designed to cater to your specific needs. Our collection includes top-tier synthetic wigs, Remi Human Hair wigs, and our exclusive European Refined wigs. Each wig features innovative cap constructions crafted for supreme comfort and realism. Our exclusive double monofilament crown ensures a soft and luxurious feel against your scalp, mimicking the appearance of natural hair growth. By incorporating this advanced design, we eliminate

any potential discomfort caused by traditional machine wefted strips. Moreover, our wigs are lightweight and versatile, allowing for effortless styling and parting in any direction. For those seeking more budget-friendly options, we also offer wigs with lace fronts and fully machine-backed designs.

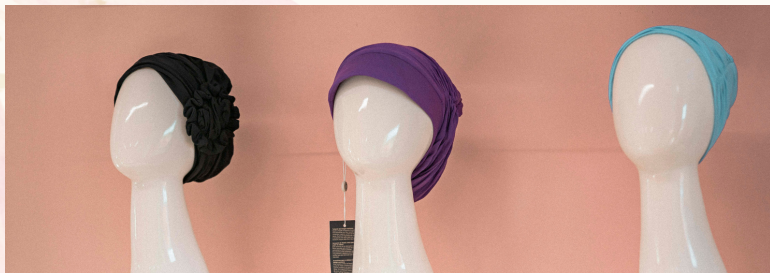


While we strive to maintain a diverse selection of wigs in our clinic, there may be instances where a specific style or color is unavailable. In such cases, we can order the desired wig directly to our clinic, typically within 10-15 business days. We recommend allowing ample time for wig selection prior to beginning your treatment.

Wigs in our Wellbeing Program are classified as Medical Hair Prosthetics, allowing you to claim the cost through your company insurance plan or as a medical expense on your income tax. To do so, you'll need a prescription from your medical team stating the need for a "Cranial Hair Prosthetic" due to treatment-induced Alopecia. Restore Hair Loss and Scalp Clinic will provide you with an invoice confirming your purchase of a Medical Hair Prosthetic.

Discover comfort and style beyond wigs at Restore Hair Loss and Scalp Clinic. With our Well-being Program, embrace head coverings like hats, caps, and scarves for relaxed moments or outdoor strolls.

At Serenity Wig Boutique, nestled within our clinic, explore our curated selection of bamboo fabric headwear—soft, breathable, and handpicked for your comfort and confidence.



DURING YOUR TREATMENT JOURNEY

As you embark on your treatment journey, it's natural to experience changes in your hair. Approximately 10 to 15 days after your initial chemotherapy session, you may notice the first signs of hair loss. At this pivotal moment, we extend our support through our specialized services.



At your appointment, we prioritize your comfort with tailored services:

- Provide a precision haircut to prepare for your new look.
- Offer a soothing scalp treatment for relaxation and health.
- Fit your wig perfectly and style it for a natural appearance.
- Guide you on how to wear and care for your wig.
- Explore additional head covering options if desired.

Complimentary with your wig purchase: Transitional Haircut, Scalp Treatment, Wig Fitting, and Care Kit

Wig maintenance services

- Wig Styling and Refitting
- Reconditioning Synthetic Wigs
- Shampoo, Blow Dry, Style Human Hair Wigs
- Refreshing Colour on Human Hair Wigs



Scalp Care During Treatments

Ensuring proper scalp hygiene is paramount during treatments. Chemotherapy and medications expel toxins through urine and sweat glands, necessitating daily shampooing to mitigate the risk of pimples, cysts, and infections.

Throughout cancer treatments, diminished sebaceous glands and papillae lead to excessively dry, sensitive, and irritated skin and scalp. Discomfort, hypersensitivity, itchiness, redness, and irritation may ensue.

Cold Caps & Scalp Cooling Systems

Individuals utilizing cold cap treatments or scalp cooling systems may encounter scalp irritation and discomfort. Gentle scalp treatments provide relief and aid in preserving existing hair while fostering healthy regrowth during and post-treatment.

Well-being Program Chemo Care Kit

Our specialized Chemo Care Kit, a hallmark of Restore Hair Loss and Scalp Clinic, is meticulously crafted to cleanse, soothe, nourish, and shield your scalp and delicate hair follicles. By maintaining optimal follicular health, it primes them for regrowth once treatments conclude, promoting a seamless transition towards hair restoration and overall well-being.

AFTER TREATMENT JOURNEY

Following treatment, anticipate hair regrowth in 4–6 weeks, initially slow due to rejuvenation. Hair typically grows 2 cm every 4–6 weeks, but early regrowth may be slower. Expect changes in color and texture; 20% experience different color, 40% whiter hair post-chemo. This reflects chemotherapy's impact on hair cells. Embrace these changes as part of your healing journey. Prioritize self-care to nurture your well-being during this time. Stay patient and allow your body to recover naturally. Your hair will reflect this process in due time.



WHEN CAN I START COLORING MY HAIR AFTER CHEMOTHERAPY?

You can start coloring your hair six months after your last treatment or once it's a few inches long. This applies to those who used cold cap treatments or scalp cooling systems. We recommend professional coloring with gentle products. At Restore Hair Loss and Scalp Clinic, our color line is ammonia and PPD-free. Before coloring, we protect your scalp with a barrier. Initial color may not be as expected due to medication residue. Avoid bleaching or perming for the first year post-treatment as new hair is delicate. Trust our expertise for safe and beautiful hair care after chemotherapy.

RESTORE HAIR & SCALP SPA

Indulge in rejuvenating and nourishing hair and scalp treatments at the Restore Hair Loss and Scalp Clinic's premier Spa System. Embark on a journey towards revitalizing your hair and scalp health, accompanied by the serenity you deserve.



REVITALIZE & REPLENISH: 80 min

Experience the ultimate scalp revitalization. Clear away impurities and congestion to create the optimal environment for hair growth and health.

MINI REFRESH: 50 min

Even amidst your busy schedule, prioritize your scalp's well-being. Enjoy all the benefits of our signature scalp treatment in a condensed version for maximum convenience.

RENEW & REJUVENATE: 90 min

Luxuriate in a fusion of European opulence and Japanese precision. Our tailored treatment is crafted to renew your scalp's vitality and rejuvenate dry, lackluster hair.

REJUVENATE: BALANCE & HOLISTIC CARE | 90 min

Harmonize and stabilize sebum production while combating microbial intruders for a balanced and healthy scalp ecosystem.

REJUVENATE: NOURISH & HYDRATE | 90 min

Revitalize and hydrate your scalp with a specialized moisturizing treatment, meticulously formulated to address complex scalp issues such as Psoriasis.

Embark on your self-care journey post-chemotherapy with our tailored treatments designed to pamper your scalp and promote holistic well-being.

ANGEL HAIR FOR KIDS

At Restore Hair Loss and Scalp Clinic, our dedication to holistic well-being extends beyond mere treatments; it's about fostering a sense of serenity and confidence in our clients. Within our in-clinic boutique, Serenity Wig Boutique, we proudly collaborate with Angel Hair as a Salon Partner Affiliate. This partnership signifies our commitment to supporting Angel Hair For Kids, a remarkable initiative offering wigs and hair loss solutions to financially disadvantaged children across Canada facing medical challenges.



Our Salon Partner Affiliates are meticulously chosen and endorsed by the program for their expertise in measuring, ordering, and styling wigs, coupled with their compassionate approach towards working with children in need. Through our collective efforts, we're thrilled and proud that we've successfully raised \$10,000, contributing to the uplifting mission of Angel Hair For Kids. At Restore Hair Loss and Scalp Clinic, we believe in not just restoring hair, but also restoring hope and joy in the lives of those we serve.



A child's Voice
FOUNDATION



WIG LOANER PROGRAM

HERE'S HOW IT WORKS:

At Restore Hair Loss and Scalp Clinic, we understand the importance of not only providing effective treatments for hair loss, scalp concerns, and overall health issues but also ensuring the emotional well-being of our patients throughout their journey. That's why we're proud to introduce our innovative Wig Loaner Program in collaboration with Serenity Wig Boutique. Designed with care and compassion, this program allows patients undergoing treatment to borrow high-quality wigs, providing them with confidence and comfort during their time with us. After completing their treatment, patients can return the wig, allowing it to be sanitized and prepared for the next individual in need. Through this initiative, we aim to support our patients holistically, fostering a sense of community and camaraderie while restoring not just their hair but their confidence and peace of mind.



CONTACT US



780-533-2408



hello@serenitywigboutique.com



www.serenitywigboutique.com



10014 102 Avenue, Grande Prairie,
Alberta,
T8V 0Z7

*Look
and
Feel
your
Best*

